



**INITIAL FEMALE PELLETT INSERTION FORM**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood pressure: \_\_\_\_\_ Temperature: \_\_\_\_\_

**LABS:**

Estradiol: \_\_\_\_\_ TT: \_\_\_\_\_ FT: \_\_\_\_\_ DHEA-S \_\_\_\_\_ FSH: \_\_\_\_\_ LH: \_\_\_\_\_

TSH: \_\_\_\_\_ Free T3: \_\_\_\_\_ Free T4: \_\_\_\_\_ H&H: \_\_\_\_\_ CMP: \_\_\_\_\_

Vitamin D: \_\_\_\_\_

Insertion site: Left hip ( ) Right hip ( )

**PROCEDURE REPORT:**

This patient presents today for hormone pellets. The procedure, risks, benefits and alternatives were explained to the patient. Questions were answered and a consent form for the insertion of Testosterone and/or Estradiol pellet implants was signed. An area in the hip was prepped with Chloraprep swabs. A sterile drape was applied, and sodium bicarbonate was injected to anesthetize the area. A small transverse incision was made using a number 11 blade. The trocar with cannula was passed through the incision into the subcutaneous tissue. Testosterone Pellet (s) were inserted through the cannula into the subcutaneous tissue. Bleeding was minimal. Steri-strips were applied. A sterile dressing was applied. The patient tolerated the procedure well. Postoperative instructions were reviewed and a copy given to the patient. Pellets used are as follows

**TREATED WITH:**

1. Testosterone: \_\_\_\_\_MG's Testosterone Lot Numbers: \_\_\_\_\_

2. Estradiol: \_\_\_\_\_MG's Estrogen Lot Numbers: \_\_\_\_\_

3. Progesterone: \_\_\_\_\_ CYCLE or CONTINUOUS (circle one)

4. Vitamin D: \_\_\_\_\_ Thyroid: \_\_\_\_\_

5. DHEA-S: \_\_\_\_\_ Omega 3: \_\_\_\_\_

7. Other: \_\_\_\_\_

**COMMENTS:**

---

**REPEAT FEMALE PELLETT INSERTION FORM**

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**SYMPTOMS/NOTES:**

\_\_\_\_\_

**PROCEDURE REPORT:**

The procedure, risks, benefits and alternatives were explained to the patient. Questions were answered and a consent form for the insertion of testosterone pellet implanted was signed. An area in the hip was prepped with Chloraprep swabs. A sterile drape was applied. Local anesthesia was administered. A small transverse incision was made using a number 11 blade. The trocar with cannula was passed through the incision into the subcutaneous tissue. Testosterone pellet (s) were inserted through the cannula into the subcutaneous tissue. Bleeding was minimal. Steri-strips were applied. A sterile dressing was applied. The patient tolerated the procedure well. Postoperative instructions were reviewed.

Weight: \_\_\_\_\_

Testosterone: \_\_\_\_\_ Mg Testosterone Pellet Lot # \_\_\_\_\_

Estradiol: \_\_\_\_\_ MG's Estrogen Lot Numbers: \_\_\_\_\_

Insertion site Left Hip ( ) Right Hip ( )

**COMMENTS:**

\_\_\_\_\_